## Ponderosa High School

3661 Ponderosa Road, Shingle Springs, CA 95682-9460 School Phone: 530-677-2281 Fax: 530-677-2299

SuperintendentPrincipalMascotAthletic DirectorSteve WehrLisa GarrettBruinsTyson Escobar

## 2017 Ponderosa Bruin Frosh Football Schedule

DAY	DATE	OPPONENT	LOCATION	TIME	DISMISSAL	DEPARTURE
Thursday	8/24/2017	Lincoln High School	Ponderosa High School	5:30 PM		
Thursday	8/31/2017	Vista del Lago	Vista del Lago	5:30 PM		Bus 3:30 pm drop only
<b>Thursday</b>	9/7/2017		Ponderosa High School	5:30 PM		
Thursday	9/14/2017	BYE		5:30 PM		
<b>Thursday</b>	9/21/2017	*Antelope High School	Ponderosa High School	5:30 PM		
Thursday	9/28/2017	*Bella Vista High School	Bella Vista High School	5:30 PM		Bus 3:00 pm drop only
Thursday	10/5/2017	*Whitney High School	Whitney High School	5:30 PM		Bus 2:30 pm drop only
<b>Thursday</b>	10/12/2017	*Del Campo High School	Ponderosa High School	5:30 PM		
<b>Thursday</b>	10/19/2017	*Oakmont High School	Ponderosa High School	5:30 PM		
Thursday	10/26/2017	*Roseville High School	Roseville High School	5:30 PM		Bus 3:00 pm drop only
Thursday	11/2/2017	*Cosumnes Oaks High School	Cosumnes Oaks High School	5:30 PM		Bus 3:00 pm drop only

\*=League Event

Head Coach: Brian Middleton

Practice 3:15-5:30 pm

Dead Period: July 10 - July 30

**Pre-Conditioning:** 

Practice Begins: 31-Jul
First Scrimmage: 19-Aug
First Contest: 25-Aug
Last Contest: 4-Nov